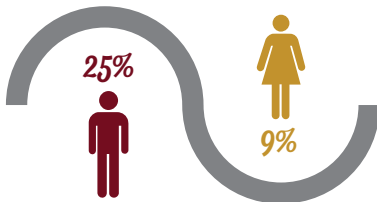




SNORING IS NO LAUGHING MATTER!

People who snore are very often the brunt of jokes but, snoring can be a symptom of **Obstructive Sleep Apnea (OSA)**, which is a dangerous disease. Sleep Apnea is believed to affect approximately 18 million men and women.

1 in 4 MIDDLE AGED MEN
1 in 11 MIDDLE AGED WOMEN



-N.ENG. J. OF MED, APRIL 29, 1993

HOW IS DENTISTRY RELATED?

- Dental Sleep Medicine is an emerging field where specially trained Dentists treat patients who suffer from Snoring and Obstructive Sleep Apnea with: **Oral Appliance Therapy**
- Treatment consists of a custom made oral appliance (biteplate) which is worn when asleep that helps alleviate this problem
- Dentists know how to measure, select, and fit the best oral appliance for each patient which is comfortable, non-invasive, and effective in reducing symptoms
- Approved by the American Academy of Sleep Medicine and the American Academy of Dental Sleep Medicine
- Accepted by Medicare and most insurance companies

EXPERIENCE THE DIFFERENCE



Using state-of-the-art video presentations, Dr. Hilsen discusses options for Oral Appliance Therapy for Snoring and Sleep Apnea.

DR. KENNETH HILSEN, DIRECTOR
CENTER FOR DENTAL SLEEP MEDICINE
DIVISION OF: **FEILER DENTAL ASSOCIATES**

- A team of Professionals trained in Oral Appliance Therapy
- Comprehensive oral and airway examination, full range of oral appliances
- Communication with sleep physicians, sleep centers, insurance companies, and Medicare
- Continuing Education through the New Jersey Health Professionals Development Institute

RISKS | Snoring & Sleep Apnea may cause:

- Excessive Daytime Sleepiness
- Cardiovascular Disease
- High Blood Pressure
- Motor Vehicle Accidents
- Poor Job Performance
- Morning Headaches
- Weight Gain
- Impotence
- Premature Death



BENEFITS | Treating Snoring & Sleep Apnea:

- Increase Amount of Your Sleep
- Increase Quality of Sleep
- Reduce Daytime Sleepiness
- Wake Up Refreshed
- Increase Your Energy
- Decrease Blood Pressure
- Better Concentration
- Bed Partner Harmony
- Prevent Other Health Problems